



occupational health & first aid supplies





## HSE guidelines.

### Legal duties

The Health and Safety (First-Aid) Regulations 1981 require employers to provide adequate and appropriate equipment, facilities and personnel to enable first aid to be given to employees if they are injured or become ill at work. These Regulations apply to all workplaces including those with five or fewer employees and to the self-employed. Detailed information can be found in the Approved Code of Practice and Guidance: First aid at work. The Health and Safety (First-Aid) Regulations 1981 L74.

What is adequate will depend on the circumstances in the workplace. This includes whether trained first aiders are needed, what should be included in a first aid box and if a first aid room is needed. Employers should carry out an assessment of first aid needs to determine this.

The Regulations do not place a legal obligation on employers to make first aid provision for non-employees such as the public or children in schools. However, HSE strongly recommends that non-employees are included in a first aid needs assessment and that provision is made for them.

### So what do I need to do?

The Health and Safety (First-Aid) Regulations 1981 require you to provide adequate and appropriate equipment, facilities and personnel to enable first aid to be given to your employees if they are injured or become ill at work. What is adequate and appropriate will depend on the circumstances in your workplace and you should assess what your first aid needs are. The minimum first-aid provision on any work site is:

- a suitably stocked first-aid box (see below);
- an appointed person to take charge of first-aid arrangements.

It is also important to remember that accidents can happen at any time. First-aid provision needs to be available at all times people are at work.

### What should I put in the first-aid box?

There is no standard list of items to put in a first-aid box. It depends on what you assess the needs are. However, as a guide, and where there is no special risk in the workplace, a minimum stock of first-aid items would be:

- 1 leaflet giving general guidance on first aid
- 20 individually wrapped sterile adhesive dressings (assorted sizes);
- 2 sterile eye pads;
- 4 individually wrapped triangular bandages (preferably sterile);
- 6 safety pins;
- 6 medium-sized (approx. 12cm x 12cm) individually wrapped sterile unmedicated wound dressings;
- 2 large (approximately 18cm x 18cm) sterile individually wrapped unmedicated wound dressings;
- 1 pair of disposable gloves;
- 6 wipes

You should not keep tablets or medicines in the first-aid box. The above is a suggested contents list only; equivalent but different items will be considered acceptable.

Source HSE Legislation & HSE First Aid At Work.

### BHTA GUIDELINES

BHTA guidelines are based on the HSE guidance, but offer 3 sizes of First Aid Kit for different hazard level situations. 10, 20 and 50 person kits are indicated for those numbers of people in average hazard conditions of work. These should be adjusted in accordance with risk assessments.

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**MASTERCHEF ALL BLUE HSE FIRST AID CATERING KIT**

It is an offence to contaminate food, the only way to save yourself is to prove due diligence – so exercise due diligence by installing an ALL BLUE HSE First Aid Kit... otherwise, are you really safe? The kit is designed specifically for use in busy kitchens. All the contents are blue, making it a true blue HSE catering kit. The kit is available in 3 sizes and comes complete with bracket.

Aura Standard Box 27.5cmH x 29cmW x 10cmD

Aura Super Box 33cmH x 35cmW x 9.5cmD

CONTENTS (quantities are as HSE kits)

BLUE HSE 18cm Dressings

BLUE HSE 12cm Dressings

BLUE Sterile Adhesive Plasters

BLUE Triangular Bandages

BLUE Disposable Gloves (pair)

BLUE Eye Pad Dressings

BLUE Moist Cleaning Wipes

BLUE Guidance Card

Safety Pins

178 10 Person Kit in Standard Blue Aura Box

186 20 Person Kit in Standard Blue Aura Box

191 50 Person Kit in Super Blue Aura Box

Bracket included with all Aura kits.

(Available from March 2010).

**MASTERCHEF FIRST AID CATERING KIT**

A superb kit designed specifically for use in busy kitchens.

Containing 90% blue products. 18cmH x 23cmW x 6cmD.

CONTENTS

10 Blue Finger Stall	Assorted
60 Blue Food Area Plasters	Assorted
1 Blue Nitrile Gloves	Pair
10 Blue Finger Buddies	Standard
1 Blue Washproof Tape	2.5cm x 10m
1 Conforming Bandage	5cm x 4m
2 Finger Dressing	
6 Burn Blot Sachet	3.5g
1 Burn Dressing	10cm x 10cm

177 Masterchef First Aid Catering Kit in Blue Keele Box

105 L Shaped Bracket for Keele Box

**HSE LARGE AND MEDIUM DRESSING**

These sterile dressings with blue conforming stretch bandage, are ideal for almost all first aid emergencies. HSE compliant, they are perfect for refilling catering HSE first aid kits. Include an attached, sterile, non-adherent pad to place over the wound and, a long blue conforming bandage to secure the bandage in place. Individually wrapped to ensure sterility.

942 Blue Medium 12cm x 12cm

943 Blue Large 18cm x 18cm

**MASTERCHEF BLUE EYE PAD DRESSING**

Thick, comfortable sterile eye pad dressings, attached to blue continuous stretch bandage. The dressing pad has a low adherent contact layer, designed not to stick. Suitable for replacement in all HSE catering first aid kits.

940 Blue Eye Pad Dressing

**MASTERCHEF BLUE TRIANGULAR BANDAGE**

Multi-functional bandage, ideal for splinting and creating slings. Individually wrapped, an essential piece of first aid equipment.

941 90cm x 127cm Single Use

**WASHPROOF RELITAPE**

Durable tape for holding dressings and securing bandages. Made from waterproof PVC, cut to length. Available in pink (flesh) and blue which is suitable for all food areas. Ideal where water resistance is required.

610 Washproof 2.5cm x 5m Pink

611 Relichef 2.5cm x 5m Blue



**MASTERCHEF MOIST CLEANSING WIPES**  
Individually wrapped alcohol-free disposable wipes. Impregnated with aqueous cleansing solution. Safe and easy to use, our wipes are made from a soft fabric material rather than crepe or paper, making them much gentler on the skin.

714 Blue Wipe Box of 100



## AURA - HSE WORKPLACE & CATERING FIRST AID KITS

HSE First Aid Kit in Aura box with superior contemporary looks. Durable polypropylene box with black safety clips, integrated carry handle, and a secure airtight lid provides protection from dust and water. The All Blue Catering kits are ideal for any catering business or general food preparation area. All contents meet the Health & Safety Executive guidelines.

Aura Standard Box 27.5cmH x 29cmW x 10cmD

Aura Super Box 33cmH x 35cmW x 9.5cmD

## AURA - HSE WORKPLACE FIRST AID KITS

112 10 Person Kit in Standard Green Aura Box

113 20 Person Kit in Standard Green Aura Box

114 50 Person Kit in Super Green Aura Box

## AURA - HSE ALL BLUE CATERING FIRST AID KITS

178 10 Person HSE Masterchef All Blue Kit in Standard Blue Aura Box

186 20 Person HSE Masterchef All Blue Kit in Standard Blue Aura Box

191 50 Person HSE Masterchef All Blue Kit in Super Blue Aura Box

## AURA BRACKET

982 Bracket for Standard Aura Box Black

989 Bracket for Super Aura Box Black

*Bracket included with all Aura kits (available from March 2010).*



## EXECUTIVE - HSE WORKPLACE & CATERING FIRST AID KITS

The Executive range offers the very best of quality design and construction. Precision made from ABS plastic, these cases feature movable, shatterproof plastic internal dividers, integral handles and all come complete with a wall mounting bracket.

Sorrento Box 18.5cmH x 27cmW x 11.5cmD

Milano Box 21.5cmH x 32cmW x 12.5cmD

## EXECUTIVE - HSE WORKPLACE KITS

115 10 Person Kit in Sorrento Box

116 20 Person Kit in Milano Box

117 50 Person Kit in Milano Box

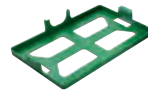
## EXECUTIVE - HSE CATERING KITS

216 10 Person Kit in Sorrento Box

217 20 Person Kit in Milano Box

218 50 Person Kit in Milano Box

*Hanging bracket is included with all Executive Workplace and Catering Kits.*



## ESSENTIAL - HSE WORKPLACE & CATERING FIRST AID KITS

The Essential range of boxes are ideal where robust and durable containers are required. The Essential boxes are made from thick walled polypropylene, metal pin hinges with tough black clips and handles. Designed to take the knocks and rigors of a tough environment.

Durham Box 18cmH x 27cmW x 9cmD

Oxford Box 22.5cmH x 27.5cmW x 9cmD

Cambridge Box 25.5cmH x 34.5cmW x 10cmD

## ESSENTIAL - HSE WORKPLACE FIRST AID KITS

102 10 Person Kit in Durham Box

103 20 Person Kit in Oxford Box

104 50 Person Kit in Cambridge Box

## ESSENTIAL - HSE CATERING FIRST AID KITS

106 10 Person Kit in Durham Box

107 20 Person Kit in Oxford Box

108 50 Person Kit in Cambridge Box

105 L Shaped Bracket for Essential Boxes



CONTENTS	10 Person	20 Person	50 Person
Guidance Leaflet	1	1	1
Assorted Plasters	20	40	60
Sterile Eye Pad Dressing	2	4	6
Triangular Bandage	4	6	8
Safety Pins	6	12	24
Medium HSE Dressing 12cm x 12cm	6	9	12
Large HSE Dressing 18cm x 18cm	2	3	4
Wipes	6	10	20
Disposable Gloves (pair)	1	2	3

## HSE REFILL KITS

	10 Person	20 Person	50 Person
Workplace Order Code	121	122	123
Catering All Blue Order Code	387	388	389





# 6 first aid kits.

## CHILDCARE FIRST AID KIT

Approved emergency childcare first aid kit meeting the guidelines given by the Health and Safety Executive, The National Child Minding Association & the Pre-School Learning Alliance. 27.5cmH x 29cmW x 10cmD.

### CONTENTS

- 1 Guidance Leaflet
- 20 Assorted Washproof Plasters
- 2 Eye Pad Dressing with Loop
- 4 Triangular Bandage
- 6 Medium HSE Dressing 12cm x 12cm
- 2 Large HSE Dressing 18cm x 18cm
- 6 Assorted Safety Pins
- 6 Reliwipes
- 1 Rebreath Resuscitation Device
- 5 Reliswab Sterile Gauze Swabs
- 2 Gloves (pair)
- 1 Religauze Tubular Gauze 1m
- 1 Plastic Finger Applicator
- 1 Microporous Tape 1.25cm x 10m
- 5 Relipad Dressing 5cm x 5cm
- 1 First Aid Scissors
- 1 Hanging Bracket

**160 Childcare First Aid Kit in Standard Green Aura Box**



Also available:

- 153 Childrens First Aid Kit in Helsinki Bag**
- 135 PE First Aid Kit in Durham Box**
- 136 Playground First Aid Kit in Riga Bum Bag**

## 1 PERSON FIRST AID KIT WALLET

Handy 1 person first aid kit, can be stored neatly in the office or vehicle for emergency personal use. 16cmH x 18cmW.

### CONTENTS

- 1 Guidance Leaflet
- 6 Safety Pins
- 1 Large HSE 18cm x 18cm Dressing
- 20 Sterile Adhesive Plasters
- 2 Triangular Bandage
- 2 Reliwipes
- 1 Gloves (pair)

**101 1 Person HSE First Aid Kit in Vinyl Wallet Pouch**



Also available:

- 111 1 Person HSE First Aid Kit in Keele Box**
- 137 1 Person HSE Personal Protection Kit in Black Belt Pouch**
- 192 1 Person HSE Travel Kit in Helsinki Bag**
- 194 1 Person HSE Travel Kit in Riga Bum Bag**
- 169 1 Person Protection First Aid Kit in Mini Grip Bag**

## HEAVY GOODS VEHICLE KIT

HGV kit ideal for delivery vehicles. Meeting the PSV act 1981. 17cmH x 26cmW x 8cmD.

### CONTENTS

- 1 Guidance Leaflet
- 1 Eye Pad Dressing
- 2 Gloves (pair)
- 1 Resuscitation Device with Valve
- 20 Washproof Assorted Plasters
- 2 Triangular Bandage
- 1 Sterile Eye Wash 500ml
- 4 Medium HSE 12cm Dressings
- 2 Large HSE 18cm Dressings
- 1 Universal Shears
- 1 Survival Blanket
- 2 Extra Large Dressing No.3
- 12 Safety Pins
- 10 Reliwipes

**130 HGV Kit in Smallwood Box**

**966 Bracket for Smallwood Box**



## PUBLIC SERVICE VEHICLE KIT

Public service kit ideal for delivery vehicles and company cars. Meeting the PSV act 1981. 20cmH x 26cmW x 6cmD.

### CONTENTS

- 3 Large HSE 18cm Dressing
- 2 Triangular Bandage
- 1 Guidance Leaflet
- 1 Universal Shears
- 2 Eye Pad Dressing with Bandage
- 1 Reliform Conforming Bandage 7.5cm x 4m
- 12 Safety Pins
- 40 Washproof Assorted Plasters
- 10 Reliwipes
- 1 Gloves (pair)
- 1 Bracket

**133 PSV Kit in Aston Box**



Also available:

**144 PSV Kit in Astbury Box 17cmH x 26cmW x 8cmD**

## FAST RESPONSE PACK

First aider personal issue. Fast response wallet with belt loop attachment. 19cmH x 12cmW x 3cmD.

### CONTENTS

- 1 No. 8 Medium Dressing
- 20 Assorted Washproof Plasters
- 4 Reliwipes
- 1 Pentorch
- 1 Rebreath Device
- 1 Scissors
- 1 Triangular Bandage
- 1 Gloves (pair)

**132 Fast Response Kit in Black Belt Wallet**



## BURNS FIRST AID KITS

Emergency burns kit meeting the guidelines given by the Health & Safety Executive. Highly visible red Aura box in durable polypropylene, orange safety clips and integrated handle. The kit provides fast and effective treatment for burns, scalds and sunburn in the workplace or home. 27.5cmH x 29cmW x 10cmD.

### CONTENTS

- 1 Reliburn Dressing 20cm x 20cm
- 2 Reliburn Dressing 10cm x 10cm
- 8 Reliburn Blot Sachet 3.5g
- 1 Reliburn Dressing 5cm x 15cm
- 1 Reliburn Gel Bottle 125ml
- 1 Reliform Conforming Bandage 10cm x 4m
- 1 Reliform Conforming Bandage 7.5cm x 4m
- 1 Large Universal Shears
- 1 Gloves (pair)

**124 Burns First Aid Kit in Standard Red Aura Box**



Also available:

- 141 Mini Burns First Aid Kit in Vinyl Wallet Pouch**
- 142 Burns First Aid Kit in Red Stockholm Bag**



#### OVERSEAS KIT PROFESSIONAL

This kit is designed to be handed to a medical professional abroad where the sterility of medical disposables cannot be guaranteed. Contents are in a versatile handy sized medical bag, with 4 clear pockets and a mesh zip-up compartment. 14cmH x 25cmW x 3.5cmD.

##### CONTENTS

- 2 Terumo Syringe 1ml
- 2 Terumo Syringe 2ml
- 2 Terumo Syringe 5ml
- 2 Terumo Needle Blue 23g x 1"
- 3 Terumo Needle Hypodermic 21g x 1.5
- 3 Terumo Needle Hypodermic Orange 25g x 5/8"
- 1 IV Cannula 18g x 45mm Green
- 2 Skin Closure Strips 6mm x 75mm (3)
- 2 Relipad Non Adherent Dressing Pads 5cm x 5cm
- 2 Relipad Non Adherent Dressing Pads 10cm x 10cm
- 1 Relitape Microporous Tape 2.5cm x 10m
- 1 Vinyl Powder-Free Medium Single (pair)
- 1 Assorted Washproof Plasters Wallet of 20
- 2 Unilet General Purpose Superlite Blood Lancets 23g
- 1 Sutures W320 Singles
- 1 Giving Set Luer Lock Vent 185cm
- 4 Reliject Swabs

**245 Overseas Kit Professional in Overseas Medical Bag**



Also available:

**154 Overseas First Aid Kit in Helsinki Bag**

#### RESPONSE KIT

Designed for major incidents and emergencies. The bag opens like a shell to expose the myriad of loops and straps that hold each individual item in place. It allows clear identification and access to a wide range of components, ideal for emergency use. 37cmH x 38cmW x 9cmD.

##### CONTENTS

- 40 Assorted Washproof Plasters
- 4 Triangular Bandage
- 12 Safety Pins
- 4 Eye Pad Dressing
- 2 No.1 Ambulance Dressing
- 2 No.2 Ambulance Dressing
- 2 No.3 Ambulance Dressing
- 2 No.4 Ambulance Dressing
- 1 Pen Torch
- 1 500ml Eyewash
- 2 Survival Blanket
- 2 Rebreath Resuscitation with Valve
- 1 Large Universal Shears
- 1 First Aid Scissors
- 2 Maxiflex Dressing
- 1 Guidance Leaflet
- 10 Reliwipes

**164 Response Kit in Lyon Bag**



#### GRAB KIT

A comprehensive first aid kit ideal for a workplace spread over a larger area. The grab bag is a simple designed shoulder bag, uncomplicated and very functional. 30cmH x 40cmW x 12cmD.

##### CONTENTS

- 1 500ml Eyewash
- 2 Eye Pad Dressing
- 1 Guidance Leaflet
- 1 Splinter Forceps
- 2 Large HSE 18cm Dressing
- 2 Medium HSE 12cm Dressing
- 40 Assorted Washproof Plasters
- 2 No.3 Ambulance Dressing
- 2 Maxiflex Dressing
- 2 Triangular Bandage
- 10 Reliwipes

**165 Grab Kit in Marseilles Bag**



#### TRAINING PACK

Robust non-sterile training dressings, which can be applied numerous times during training sessions.

**980 Training Pack in Grip Bag**

##### CONTENTS

- 1 x Triangular Bandage 95cm x 135cm hemmed,
- 1 x Rebreath Mouth to Mouth with Filter Paper,
- 1 x Medium Training Dressing.



Also available:

**309 Medium Training Dressing Non Sterile**

#### METAL FIRST AID WALL CABINET

Ideal storage for your first aid supplies. Lockable with keys. Can be wall mounted. Available with or without first aid contents. 40cmH x 30cmW x 12cmD.

##### CONTENTS

- 100 Assorted Washproof Plasters
- 1 500ml Eyewash
- 1 Guidance Leaflet
- 2 Eye Pad Dressing
- 6 Triangular Bandage
- 9 Medium HSE Dressing 12cm x 12cm
- 3 Large HSE Dressing 18cm x 18cm
- 12 Safety Pins
- 2 Gloves (pair)
- 60 Wipes

**171 Wall Cabinet First Aid Kit in Sofia Metal Wall Cabinet**





8

retail first aid kits.

high impact kits -  
ready for promotions and retail.

**BURNS KIT**

Burns kit containing the revolutionary Religel burns dressings. This unit is ideal for kitchens or other areas where burns present a hazard.

**CONTENTS**

Reliburn Gel Sachet 3.5g x 8, Reliburn Dressing 5cm x 15cm x 2, Reliburn Dressing 10cm x 10cm x 2, Reliburn Dressing 20cm x 20cm x 1, Reliburn Gel Bottle 125ml x 1, Conforming Bandage 7.5cm x 4m x 3, Large Universal Shears x 1, Gloves (pair) x 1, Stockholm Bag 19cmH x 12cmW x 8cmD x 1.

**142 Burns First Aid Kit****TRAVEL KIT**

The ideal first aid kit for business or holiday travel, both abroad or at home.

**CONTENTS**

Guidance Leaflet x 1, Gloves (pair) x 1, No 8 Dressing x 1, Conforming Bandage 7.5cm x 4m x 1, Relipad Dressing 5cm x 5cm x 2, Relipad Dressing 7.5cm x 7.5cm x 1, Assorted Washproof Plasters x 20, Triangular Bandage x 1, Microporous Tape 1.25cm x 10m x 1, Reliwipes x 6, First Aid Scissors x 1, Helsinki Bag 14cmH x 10cmW x 7cmD x 1.

**151 Travel First Aid Kit****OUTDOOR KIT**

Professionally designed for outdoor pursuits, including hill walking, climbing, mountain biking, rambling and camping.

**CONTENTS**

Gloves (pair) x 1, No 8 Dressing x 1, Conforming Bandage 7.5cm x 4m x 1, Relipore Dressing 5cm x 7.5cm x 2, Assorted Washproof Plasters x 20, Triangular Bandage x 1, Survival Blanket x 1, Reliwipes x 6, First Aid Scissors x 1, Oslo Bag 12cmH x 8cmW x 6cmD x 1.

**152 Outdoor Pursuits Kit****CHILDRENS KIT**

The perfect first aid kit for parents. Ideal for family days out, the home, car or camping – contains children's plasters.

**CONTENTS**

Guidance Leaflet x 1, Gloves (pair) x 1, No 8 Dressing x 1, Conforming Bandage 7.5cm x 4m x 1, Relipad Dressing 5cm x 5cm x 2, Relipad Dressing 7.5cm x 7.5cm x 1, Assorted Washproof Plasters x 20, Triangular Bandage x 1, Microporous Tape 1.25cm x 10m x 1, Reliwipes x 6, First Aid Scissors x 1, Helsinki Bag 14cmH x 10cmW x 7cmD x 1.

**153 Children's First Aid Kit****OVERSEAS KIT**

This kit is designed to be handed to a medical professional abroad where the sterility of medical disposables cannot be guaranteed.

**CONTENTS**

2ml Syringe x 4, 5ml Syringe x 4, 10ml Syringe x 2, Green Needle x 5, Orange Needle x 5, Blue Needle x 5, Butterfly IV Set x 1, Suture x 1, Reliject Swabs x 6, Spot Plasters x 10, Relipad Dressing 5cm x 5cm x 2, Microporous Tape 2.5cm x 10m x 1, Helsinki Bag 14cmH x 10cmW x 7cmD x 1.

**154 Overseas First Aid Kit**





#### COMPACT VEHICLE KIT

A quality first aid kit for the car. Ideal for motoring in Europe where in some countries a first aid kit is a legal requirement.

##### CONTENTS

Guidance Leaflet x 1, Gloves (pair) x 1, No 8 Dressing x 1, Conforming Bandage 7.5cm x 4m x 1, Relipad Dressing 5cm x 5cm x 2, Relipad Dressing 7.5cm x 7.5cm x 1, Assorted Washproof Plasters x 20, Triangular Bandage x 1, Microporous Tape 1.25cm x 10m x 1, Reliwipes x 6, Survival Blanket x 1, First Aid Scissors x 1, Helsinki Bag 14cmH x 10cmW x 7cmD x 1.

#### 155 Compact Vehicle Kit

#### VEHICLE KIT

Motorist first aid kit, full of a wide range of first aid products. Ideal for motoring in Europe where in some countries a first aid kit is a legal requirement.

##### CONTENTS

Guidance Leaflet x 1, Gloves (pair) x 1, No 8 Dressing x 1, No 9 Dressing x 1, No 16 Eye Pad x 1, Reliance Finger Bandage x 1, Conforming Bandage 7.5cm x 4m x 1, Relipad Dressing 5cm x 5cm x 2, Relipad Dressing 7.5cm x 7.5cm x 1, Assorted Washproof Plasters x 20, Triangular Bandage x 2, Microporous Tape 1.25cm x 10m x 1, Reliwipes x 6, Survival Blanket x 1, Rebreath Mouth Shield with Valve x 1, Relief Instant Ice Pack x 1, First Aid Scissors x 1, Stockholm Bag 19cmH x 12cmW x 8cmD x 1.

#### 156 Vehicle First Aid Kit

#### FAMILY KIT

A truly comprehensive family first aid kit, a must for every home. This kit is full of every possible first aid product.

##### CONTENTS

Guidance Leaflet x 1, Gloves (pair) x 1, HSE Medium Dressing 12cm x 1, HSE Large Dressing 18cm x 1, No 16 Eye Pad x 1, Reliance Finger Bandage x 1, Crepe Bandage 7.5cm x 4.5m x 1, Crepe Bandage 10cm x 4.5m x 1, Conforming Bandage 7.5cm x 4m x 1, Relipad Dressing 5cm x 5cm x 2, Relipad Dressing 7.5cm x 7.5cm x 1, Assorted Washproof Plasters x 20, Triangular Bandage x 2, Microporous Tape 1.25cm x 10m x 1, Rebreath Resuscitation Shield x 1, Reliwipes x 6, Survival Blanket x 2 (Adult x 1, Child x 1), Hot/Cold Reusable Pack x 1, Relief Instant Ice pack x 2, Eye Wash Pods x 2, First Aid Scissors x 1, Copenhagen Bag 24cmH x 14cmW x 9cmD x 1.

#### 157 Family First Aid Kit

#### SPORTS KIT

Comprehensive, yet compact, this sports first aid kit is ideal for sports teams, grounds or active families.

##### CONTENTS

Guidance Leaflet x 1, Gloves (pair) x 2, No 8 Dressing x 1, No 9 Dressing x 1, No 16 Eye Pad x 1, Reliance Finger Bandage x 1, Crepe Bandage 7.5cm x 4.5m x 1, Crepe Bandage 10cm x 4.5m x 1, Relipad Dressing 5cm x 5cm x 2, Relipad Dressing 10cm x 10cm x 1, Assorted Washproof Plasters x 20, Triangular Bandage x 1, Fabric Relitape 2.5cm x 4.5m x 1, Reliwipes x 6, Survival Blanket x 1, Relief Instant Ice Pack x 2, Rebreath Mouth Shield with Valve x 1, Eye Wash Pods x 2, Freeze Spray x 1, Tubular Bandage D 1m x 1, Tubular Bandage E 1m x 1, First Aid Scissors x 1, Copenhagen Bag 24cmH x 14cmW x 9cmD x 1.

#### 158 Sports First Aid Kit

#### UNIVERSAL SMALL KIT

Handy sized universal first aid kit, for use during travel, at home or leisure activities. Ideal size for storing in the glove box, handbag, suitcase or backpack.

##### CONTENTS

Finger Dressing x 1, Relipad Dressing 5cm x 5cm x 2, Conforming Bandage 5cm x 4m x 1, Microporous Tape 1.25cm x 10m x 1, Triangular Bandage x 1, Gloves (pair) x 1, Assorted Washproof Plasters x 20, Oslo Bag 12cmH x 8cmW x 6cmD x 1.

#### 161 Universal First Aid Kit



#### UNIVERSAL LARGE KIT

Universal first aid kit ideally used for camping, caravanning, travel, home and outdoor sports. Can be stored neatly in the car, kitchen cupboard, garage, backpack or suitcase.

##### CONTENTS

Finger Dressing x 1, Relipad Dressing 5cm x 5cm x 4, Conforming Bandage 7.5cm x 4m x 1, Microporous Tape 2.5cm x 10m x 1, Triangular Bandage x 1, Gloves (pair) x 1, Assorted Washproof Plasters x 20, No. 8 Dressing x 1, Foil Blanket x 1, Reliwipes x 6, Helsinki Bag 14cmH x 10cmW x 7cmD x 1.

#### 162 Universal First Aid Kit

#### UNIVERSAL PLUS KIT

Universal first aid kit ideally used for camping, caravanning, travel, home and outdoor sports. Can be stored neatly in the car, kitchen cupboard, garage, backpack or suitcase.

##### CONTENTS

Finger Dressing x 1, Relipad 5cm x 5cm x 4, Relipad 7.5cm x 7.5cm, Relipad 10cm x 10cm x 1, Conforming Bandage 7.5cm x 4m x 1, Microporous Tape 2.5cm x 10m x 1, Triangular Bandage x 2, Gloves (pair) x 2, Assorted Washproof Plasters x 20, HSE Medium 12cm Dressing in Box x 1, HSE Large 18cm Dressing in Box x 1, Survival Blanket x 1, Reliwipes x 6, Stockholm Bag 19cmH x 12cmW x 8cmD x 1.

#### 163 Universal First Aid Kit

#### HSE 10 PERSON WORKPLACE KIT

Meeting the guidance given by the Health and Safety Executive, this kit is ideal for up to 10 employees in standard hazard conditions.

##### CONTENTS

Guidance Leaflet x 1, Assorted Plasters x 20, Sterile Eye Pad Dressing x 2, Triangular Bandage x 4, Safety Pins x 6, Medium HSE Dressing 12cm x 12cm x 6, Large HSE Dressing 18cm x 18cm x 2, Wipes x 6, Disposable Gloves (pair) x 1, Stockholm Bag 19cmH x 12cmW x 8cmD x 1.

#### 109 10 Person Workplace Kit



#### FIRST AID KIT FOR PETS

The First Aid Kit for Pets offers peace of mind. If your pet suffers a cut, bruise or strain, you are fully prepared to treat them and get them to safety.

##### CONTENTS

- 2 x 20ML PODS OF SALINE - to wash away dirt and debris from your pet's eyes and other areas, simply wipe away excess fluid.
- 1 x MEDIUM DRESSING BANDAGE WITH TIES - to cover an injury, these have tie bandages attached, but do not fasten tightly. Use the microporous tape if additional retention is needed.
- 1 x LARGE DRESSING BANDAGE WITH TIES - to cover a larger injury, these have tie bandages attached, but do not fasten tightly. Use the microporous tape if additional retention is needed.
- 1 x FOIL BLANKET - to retain body warmth and help combat shock, use this to wrap your pet on the journey to the vets.
- 5 x GAUZE SWABS - for cleaning up fluid or after saline use.
- 1 x MICROPOROUS TAPE - to help hold dressings or bandages in place.
- 1 x CONFORMING BANDAGE - if a sprain is suspected, use this around the limb and fasten with tape.
- 2 x PAIRS OF VINYL POWDER GLOVES
- 2 x PLASTIC POUCHES - to cover foot injuries and help keep them clean, fasten with tape.
- 4 x ALCOHOL FREE CLEANSING WIPES - to clean wounds prior to applying the dressing.
- 1 x SCISSORS
- 1 x TWEEZERS

#### 199 Relivet Pet First Aid Kit





# 10 sport first aid kits.

## OLYMPIC

Designed by professionals this is the ultimate choice in sports kits. Ideal for any sports team, ground or stadium use and complete with 112 pieces. The kit is available in two bags, both contain ample pockets, dividers and elastic straps for easy use recognition. Size shown 26cmH x 40cmW x 25cmD.

### CONTENTS

- 1 Medium HSE Dressing 12cm x 12cm Sterile Unboxed
- 1 Large HSE Dressing 18cm x 18cm Sterile Unboxed
- 1 Single Use Triangular Bandage 90cm x 127cm
- 1 Eye Pad Dressing with Bandage Sterile
- 1 Relicrepe Crepe Bandage BP 5cm x 4.5m
- 1 Relicrepe Crepe Bandage BP 7.5cm x 4.5m
- 1 Elastic Adhesive Bandage 5cm x 4.5m
- 1 Elastic Adhesive Bandage 7.5cm x 4.5m
- 1 Relitape Microporous Tape 2.5cm x 10m
- 1 Relitape Zinc Oxide Tape 2.5cm x 5m White
- 6 Relief Instant Ice Pack
- 1 Rebreath Mouth to Mouth Resuscitation Device with Valve
- 6 Eye Wash Pods 20ml
- 2 Clinical Waste Sacks 42cm x 66cm
- 2 Foil Blanket Adult Size
- 10 Reliwipe Moist Cleansing Wipes
- 20 Dependaplast Washproof Plasters Assorted
- 1 Relipad Non Adherent Dressing Pads 5cm x 5cm
- 1 Relipad Non Adherent Dressing Pads 10cm X 10cm
- 1 Freeze Spray 150ml
- 1 Universal Sheers Large
- 1 Relipore 5cm x 7.5cm Sterile Dressing
- 1 Relipore 7.5cm x 7.5cm Sterile Dressing
- 6 Reliance Hydrocolloid Blister Pad Large
- 10 Tissues Handy Pack
- 3 Vomit Bags
- 1 Skin Closure Strips 3mm x 75mm (5)
- 1 Skin Closure Strips 6mm x 75mm (3)
- 1 Guidance Leaflet
- 1 Sports Drink Bottle Translucent 500ml
- 1 Heat Spray 150ml
- 1 Reliplast Fabric Dressing Strip 7.5cm x 1m
- 1 Religrip Elasticated Tubular Bandage Size D 1m
- 1 Religrip Elasticated Tubular Bandage Size F 1m
- 10 Reliance Non Woven Swabs 5cm x 5cm Sterile 4 Ply
- 2 Religlove Nitrile Powder-Free Medium Single Pair
- 1 Vaseline Petroleum Jelly No. 3 225g
- 3 Nasal Strips Large
- 374 Olympic Kit in Toulouse Bag**
- 345 Olympic Kit in Le Mans Bag**
- 182 Olympic Refill Kit**



Also available:

- 187 Relisport County FA Kit in Toulouse Bag**
- 188 Relisport County FA Refill Kit**

## STADIUM

An ideal sports 'run-on' kit, it is fully loaded with 88 pieces of high value contents. Easy recognition compartments organise the kit for fast product selection in an emergency. 36cmH x 27.5cmW x 11cmD.

### CONTENTS

- 1 Medium HSE Dressing 12cm x 12cm Sterile Unboxed
- 1 Large HSE Dressing 18cm x 18cm Sterile Unboxed
- 1 Single Use Triangular Bandage 90 x 127cm
- 1 Eye Pad Dressing with Bandage Sterile
- 1 Relicrepe Crepe Bandage BP 5cm x 4.5m
- 1 Elastic Adhesive Bandage 2.5cm x 4.5m
- 1 Elastic Adhesive Bandage 5cm x 4.5m
- 1 Relitape Microporous Tape 2.5cm x 10m
- 1 Relitape Zinc Oxide Tape 2.5cm x 5m
- 3 Relief Instant Ice Pack
- 1 Rebreath Mouth to Mouth Resuscitation Device with Valve
- 4 Eye Wash Pods 20ml
- 1 Clinical Waste Sack 42cm x 66cm
- 10 Reliwipe Moist Cleansing Wipes
- 20 Dependaplast Washproof Plasters Assorted
- 1 Relipad Non Adherent Dressing Pads 5cm x 5cm
- 1 Relipad Non Adherent Dressing Pads 10cm x 10cm
- 1 Freeze Spray 150ml
- 1 Universal Sheers Large
- 1 Relipore 5cm x 7.5cm Sterile Dressing
- 6 Hydrocolloid Blister Pad Large
- 3 Vomit Bags
- 10 Tissues Handy Pack
- 1 Foil Blanket Adult Size
- 1 Guidance Leaflet
- 1 Heat Spray 150ml
- 1 Reliplast Fabric Dressing Strip 7.5cm x 1m
- 3 Nasal Strips Large
- 1 Religrip Elasticated Tubular Bandage Size E 1m
- 1 Skin Closure Strips 6mm x 75mm (3)
- 2 Religlove Nitrile Powder-Free Medium Single Pair
- 5 Non Woven Swabs 5cm x 5cm Sterile 4 Ply
- 344 Stadium Kit in Paris Bag**
- 183 Stadium Refill Kit**



## PURSUIT

The ideal outward bound first aid kit, for scouts, guides, cadets, school trips and outdoor pursuits such as rambling and mountain biking. This kit goes beyond first aid and into survival. It has essential additions such as blister plasters for the inevitable heel injuries! 17.5cmH x 30cmW x 10cmD.

### CONTENTS

- 6 Reliwipe Moist Cleansing Wipes
- 20 Dependaplast Washproof Plasters Assorted
- 1 Relipore 5cm x 7.5cm Sterile Dressing
- 1 Relipore 7.5cm x 7.5cm Sterile Dressing
- 1 Rebreath Mouth to Mouth Resuscitation Device with Valve
- 2 Vomit Bags
- 1 Clinical Waste Sacks 42cm x 66cm
- 1 Relief Instant Ice Pack
- 1 Sports Drink Bottle Translucent 300ml
- 1 Eye Pad Dressing with Bandage Sterile
- 1 Medium HSE Dressing 12cm x 12cm Sterile Unboxed
- 1 Large HSE Dressing 18cm x 18cm Sterile Unboxed
- 1 Single Use Triangular Bandage 90cm x 127cm
- 8 Foil Blanket Adult Size
- 1 Reusable Red Pen Torch
- 1 Relicrepe Crepe Bandage BP 5cm x 4.5m
- 1 Martins Splinter Forceps Stainless Steel 4.5"
- 1 Guidance Leaflet
- 1 Universal Sheers Small
- 1 Whistle
- 2 Religlove Nitrile Powder-free Medium Single Pair
- 6 Hydrocolloid Blister Pad Large
- 1 Compass
- 349 Pursuit Kit in Orange Strasbourg Bag**
- 367 Pursuit Kit in Green Strasbourg Bag**
- 181 Pursuit Refill Kit**





**STRASBOURG BAG**

Superior sports bag with endless compact features, including: internal adjustable dividers, front pockets, key holder, zipped pocket with mesh, internal pockets, adjustable shoulder strap and belt strap, carry handle, safety clasp, side pockets. Available in green or orange.

- 288 Strasbourg Bag Orange 17.5cmH x 30cmW x 10cmD
- 289 Strasbourg Bag Green 17.5cmH x 30cmW x 10cmD



zipped pockets with mesh, front pockets



external side pockets



key holder



internal dividers



can be worn as a bum bag



**LE MANS SPORTS BAG**

Ideal sports pitch bag, with shoulder strap and tough carry handles. Zip-top design with internal padded dividers. Multiple pockets, dividers, pouches and elastic straps ensure easy organised access to product when the bag is filled.

- 291 Le Mans Bag 20cmH x 37cmW x 25cmD



large front pockets



external side pockets with reflector safety strip



safety clasp



internal dividers



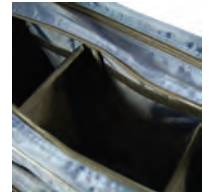
**TOULOUSE**

Easy clean, waterproof sports bag, ideal for any sports event. Easy access compartments, with storage loops, zipped pockets, adjustable main compartment, tough carry handle and adjustable shoulder strap.

- 302 Toulouse Bag Printed 26cmH x 40cmW x 25cmD
- 308 Toulouse Bag Plain 26cmH x 40cmW x 25cmD



removeable strap



easy access adjustable compartments



clear window pocket



large carry handle



internal elastic loops and zipped pocket





# 12 empty bags & boxes.

## SCANDI BAGS

The Reliance range of Scandi bags are full of practical design features, netting compartments, soft grip plastic handles and zipper pulls, elastic loops and more. Made from tough yet attractive rip-stop fabric.

### GREEN

- 261 Oslo First Aid Bag 12cmH x 8cmW x 6cmD
- 262 Helsinki First Aid Bag 14cmH x 10cmW x 7cmD
- 263 Stockholm First Aid Bag 19cmH x 12cmW x 8cmD
- 264 Copenhagen First Aid Bag 24cmH x 14cmW x 9cmD
- 272 Riga Bum Bag 10cmH x 26cmW x 7cmD

### RED

- 265 Stockholm First Aid Bag 19cmH x 12cmW x 8cmD

### BLUE

- 274 Copenhagen First Aid Bag 24cmH x 14cmW x 9cmD



## LYON

The bag opens like a shell to expose the myriad of loops and straps that hold each individual item in place. It allows clear identification and access to a wide range of components, ideal for emergency use.

- 267 Lyon Bag 37cmH x 37cmW x 9cmD



elasticated loops



## PARIS BAG

An ideal sports 'run-on', crash or trauma bag with easy recognition compartments that organise the kit for fast product selection in an emergency.

- 285 Paris Bag 36cmH x 37.5cmW x 11cmD



## OVERSEAS MEDICAL BAG

Versatile handy sized medical bag, with 4 clear pockets and a mesh zip-up compartment.

- 287 Overseas Medical Bag 14cmH x 25cmW x 3.5cmD



## MARSEILLE

The Marseille bag is a simple designed shoulder bag, uncomplicated and very functional.

- 266 Marseille Bag 30cmH x 40cmW x 12cmD



## BORDEAUX

The Bordeaux bag is a compact bag, with zipped internal compartment and plenty of storage.

- 286 Bordeaux Bag 22.5cmH x 29cmW x 11cmD



## FAST RESPONSE WALLET

First aider personal issue. Fast response wallet with belt loop attachment.

- 271 Fast Response Wallet 19cmH x 12cmW x 3cmD



**AURA**

Aura box with superior contemporary looks. Durable polypropylene box with coloured safety clips, integrated carry handle, and a secure airtight lid providing protection from dust and water. All boxes are complete with dividers (except clear).

**GREEN**

- 231 Aura Standard Box 27.5cmH x 29cmW x 10cmD  
232 Aura Super Box 33cmH x 35cmW x 9.5cmD

**BLUE**

- 913 Aura Standard Box 27.5cmH x 29cmW x 10cmD  
914 Aura Super Box 33cmH x 35cmW x 9.5cmD

**RED**

- 233 Aura Standard Box 27.5cmH x 29cmW x 10cmD

**CLEAR**

- 223 Aura Standard Box 27.5cmH x 27cmW x 9.5cmD  
234 Aura Super Box 33cmH x 35cmW x 9.5cmD

**BRACKETS**

- 105 L Shape Bracket Black  
982 Bracket for Standard Aura Box Black  
989 Bracket for Super Aura Box Black

\*Bracket included with Green, Blue & Red Aura kits (available from March 2010).

**PRIMARY**

Tough, robust and durable, the Primary range is ideal for vehicle first aid kits - easily stored in drawers and cupboards.

- 320 Smallwood 17cmH x 26cmW x 8cmD  
325 Astbury 17cmH x 26cmW x 6cmD  
328 Swettenham 14cmH x 21cmW x 5.5cmD  
329 Eaton 12cmH x 17cmW x 5.5cmD

**BRACKETS**

- 966 Bracket for Smallwood Box Green  
967 Bracket for Astbury Box Green

**EXECUTIVE**

The Executive Italian range offers the very best of quality design and construction. Precision made from ABS plastic, these cases feature moveable, shatterproof plastic internal dividers, integral handles and all come complete with a wall mounting bracket.

- 211 Sorrento Box 18.5cmH x 27cmW x 11.5cmD  
212 Milano Box 21.5cmH x 32cmW x 12.5cmD  
213 Roma Box 30.5cmH x 43cmW x 15cmD

**FIRST AID CABINET**

Metal first aid wall cabinet. Lockable with keys. Can be wall mounted.

- 214 Sofia Single Cabinet 40cmH x 30cmW x 14cmD  
215 Budapest Double Cabinet 53cmH x 53cmW x 19cmD



Budapest

Sofia

**ECONOMY**

Economy boxes with integral handle, made from durable polypropylene.

- 208 Keele First Aid Box 18cmH x 23cmW x 6cmD  
209 Aston First Aid Box 20cmH x 26cmW x 6cmD

**BRACKET**

- 105 L Shape Bracket Black

**ESSENTIAL**

The Essential range of boxes are ideal where robust and durable containers are required. The Essential boxes are made from thick walled polypropylene, metal pin hinges with tough black clips and handles. Designed to take the knocks and rigors of a tough environment.

- 202 Durham Box 18cmH x 27cmW x 9cmD  
203 Oxford Box 22.5cmH x 27.5cmW x 9cmD  
204 Cambridge Box 25.5cmH x 34.5cmW x 10cmD

**BRACKET**

- 105 L Shape Bracket Black



5112 Large First Aid Panel, filled



5111 Savett Wipes Dispenser, inc. refill Box of 40  
5114 Savett Wound Cleanser Refill Box of 40 (0.9% NaCl, Sterile)



5113 Mini First Aid Panel, filled



5117 Mini Eye Wash 235ml  
5118 Eye Wash 500ml Bottle  
5119 Eye Wash Station Wall Bracket for 500ml  
5120 Eye Wash in portable case 5 x 500ml



## pilfer proof systems.

### SALVEQUICK® PLASTER DISPENSERS

Plasters for instant use, easy removal, pilferproof as the adhesive is revealed when pulled from the dispenser, plaster has to be applied immediately. Available in blue, textile or plastic.

- 5100 Salvequick® Plaster Dispenser includes:  
45 Plastic Plasters/ 40 Textile Plasters
- 5101 Salvequick® Plaster Dispenser includes:  
2 x 35 Blue Detectable Plasters
- 5103 Salvequick® 45 Plastic Plasters, Refill x 6
- 5105 Salvequick® 40 Textile Plasters, Refill x 6
- 5104 Salvequick® 21 Extra Large Plasters, Refill x 6
- 5107 Salvequick® 43 Non-woven Plasters, Refill x 6
- 5106 Salvequick® 15 Extra Large Fingertip Plasters, Refill x 6
- 5102 Salvequick® 35 Blue Detectable Plasters, Refill x 6
- 5108 Salvequick® 30 Blue Detectable Fingertip, Refill x 6



5116 Protection Kit (Includes gloves, Savett Disinfection, Breathing Mask)  
5202 Keyfob and Breathing Mask (not shown)



5110 Large Bloodstopper  
5109 Mini Bloodstopper



5115 Triangular Bandage





**MASTERCHEF ADVANCED X-RAY & METAL DETECTABLE PROTECTIVE HEALING PLASTER**  
**X-Ray detectable, metal detectable.** Blue Advanced Plasters use a new adhesive technology – the plaster will adhere once it reaches skin temperature. The plaster provides an antibacterial barrier and moist wound healing environment that protects the wound without adhering to it, covering the nerve endings and relieving the pain. The moist environment prevents a hard scab, therefore promoting faster healing.

- |                                   |               |            |
|-----------------------------------|---------------|------------|
| 991 Masterchef Protective Plaster | 4cm x 4cm     | Box of 100 |
| 992 Masterchef Protective Plaster | 7.5cm x 2.5cm | Box of 100 |
| 993 Masterchef Protective Plaster | 7.5cm x 5cm   | Box of 50  |
| 994 Masterchef Protective Plaster | 18cm x 2cm    | Box of 50  |
| 995 Masterchef Protective Plaster | Assorted      | Box of 100 |

Contents: 5 x 18cm x 2cm, 15 x 5cm x 7.5cm, 60 x 2.5cm x 7.5cm, 20 x 4cm x 4cm



Moisture vapour permeable waffle design allows moisture flow

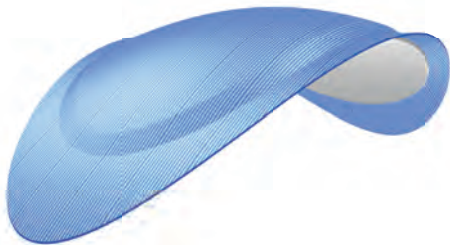
**MASTERCHEF ADVANCED METAL DETECTABLE PROTECTIVE HEALING PLASTER**  
 Blue Advanced Plasters use a new adhesive technology – the plaster will adhere once it reaches skin temperature. The plasters provide an antibacterial barrier and moist wound healing environment that protect the wound without adhering to it, covering the nerve endings and relieving the pain. The moist environment prevents a hard scab, therefore promoting faster healing.

- |                                   |               |            |
|-----------------------------------|---------------|------------|
| 795 Masterchef Protective Plaster | 4cm x 4cm     | Box of 100 |
| 796 Masterchef Protective Plaster | 7.5cm x 2.5cm | Box of 100 |
| 797 Masterchef Protective Plaster | 7.5cm x 5cm   | Box of 50  |
| 798 Masterchef Protective Plaster | Assorted      | Box of 100 |

Contents: 20 x 5cm x 7.5cm, 50 x 2.5cm x 7.5cm, 30 x 4cm x 4cm



Moisture vapour permeable waffle design allows moisture flow



**MASTERCHEF ADVANCED BLUE HYDROGEL BURNS PLASTERS**  
 Provides moist cooling that protects minor burns and scalds without adhering to the wound. The plaster covers the nerve endings and relieves the pain. The cooling gel provides a protective environment for the burn, letting the wound heal faster. Fragrance free.

- |   |          |           |
|---|----------|-----------|
| 410 Masterchef Protective Burns Plaster | Assorted | Box of 25 |
|---|----------|-----------|
- Contents: 10 x 11cm x 6.8cm, 15 x 6.8cm x 4.3cm





## DEPENDAPLAST FABRIC PLASTERS

Lightweight, stretchable fabric weave plaster in traditional heavyweight fabric. With fantastic adhesive, each plaster will cushion and protect, is sterile and individually wrapped.

511	Dependaplast Fabric Plasters	4cm x 4cm	Box of 100
513	Dependaplast Fabric Plasters	7cm x 2cm	Box of 100
514	Dependaplast Fabric Plasters	7.5cm x 2.5cm	Box of 100
515	Dependaplast Fabric Plasters	7.5cm x 5cm	Box of 50
518	Dependaplast Fabric Plasters	Fingertip	Box of 50
519	Dependaplast Fabric Plasters	Anchor	Box of 50
516	Dependaplast Fabric Plasters	Assorted	Box of 100
Contents: 30 x 2.5cm x 7.5cm, 30 x 2cm x 7cm, 30 x 4cm x 4cm, 10 x 5cm x 7.5cm			
517	Dependaplast Fabric Plasters	Assorted	Box of 20
Contents: 4 x 2.5cm x 7.5cm, 8 x 2cm x 7cm, 8 x 4cm x 4cm			
246	Dependaplast Fabric Plasters	Assorted	Box of 120
Contents: 20 x 2.5cm x 7.5cm, 20 x 4cm x 4cm, 20 x 4cm x 2cm, 20 x 2cm x 6cm, 12 x 5cm x 7.5cm, 10 x Anchor, 10 x Fingertip, 8 x Finger extension			



## DEPENDAPLAST MULTISOFT PLASTERS

Soft and flexible, lightweight plaster. Each plaster cushions and protects and is low allergy, sterile and individually wrapped.

521	Dependaplast Multisoft Plasters	4cm x 4cm	Box of 100
523	Dependaplast Multisoft Plasters	7cm x 2cm	Box of 100
524	Dependaplast Multisoft Plasters	7.5cm x 2.5cm	Box of 100
525	Dependaplast Multisoft Plasters	7.5cm x 5cm	Box of 50
528	Dependaplast Multisoft Plasters	Fingertip	Box of 50
529	Dependaplast Multisoft Plasters	Anchor	Box of 50
526	Dependaplast Multisoft Plasters	Assorted	Box of 100
Contents: 30 x 2.5cm x 7.5cm, 30 x 2cm x 7cm, 30 x 4cm x 4cm, 10 x 5cm x 7.5cm			
527	Dependaplast Multisoft Plasters	Assorted	Box of 20
Contents: 4 x 2.5cm x 7.5cm, 8 x 2cm x 7cm, 8 x 4cm x 4cm			
146	Dependaplast Multisoft Plasters	Assorted	Box of 120
Contents: 20 x 2.5cm x 7.5cm, 20 x 4cm x 4cm, 20 x 4cm x 2cm, 20 x 2cm x 6cm, 12 x 5cm x 7.5cm, 10 x Anchor, 10 x Fingertip, 8 x Finger extension			



4cm x 2cm



4cm x 4cm



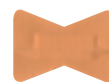
7cm x 2cm



7.5cm x 2.5cm



7.5cm x 5cm



Fingertip



Anchor



Spot





### DEPENDAPLAST WASHPROOF PLASTERS

Soft & flexible, ventilated washproof plasters. Each plaster is low allergy, sterile and individually wrapped.

530	Dependaplast Washproof Plasters	4cm x 2cm	Box of 100
531	Dependaplast Washproof Plasters	4cm x 4cm	Box of 100
533	Dependaplast Washproof Plasters	7cm x 2cm	Box of 100
534	Dependaplast Washproof Plasters	7.5cm x 2.5cm	Box of 100
535	Dependaplast Washproof Plasters	7.5cm x 5cm	Box of 50
538	Dependaplast Washproof Plasters	Fingertip	Box of 50
539	Dependaplast Washproof Plasters	Anchor	Box of 50
550	Dependaplast Washproof Plasters	Spot 2.2cm	Box of 100
536	Dependaplast Washproof Plasters	Assorted	Box of 100
	Contents: 30 x 2.5cm x 7.5cm, 30 x 2cm x 7cm, 30 x 4cm x 4cm, 10 x 5cm x 7.5cm		
537	Dependaplast Washproof Plasters	Assorted	Box of 20
	Contents: 4 x 2.5cm x 7.5cm, 8 x 2cm x 7cm, 8 x 4cm x 4cm		
346	Dependaplast Washproof Plasters Assorted		Box of 120
	Contents: 20 x 2.5cm x 7.5cm, 20 x 4cm x 4cm, 20 x 4cm x 2cm, 20 x 2cm x 6cm, 12 x 5cm x 7.5cm, 10 x Anchor, 10 x Fingertip, 8 x Finger extension		



### DEPENDAPLAST BLUE FOOD AREA PLASTERS

Metal detectable, washproof plasters. Each plaster is low allergy and latex free. Sterile and individually wrapped.

541	Dependaplast Blue Food Area	4cm x 4cm	Box of 100
543	Dependaplast Blue Food Area	7cm x 2cm	Box of 100
544	Dependaplast Blue Food Area	7.5cm x 2.5cm	Box of 100
545	Dependaplast Blue Food Area	7.5cm x 5cm	Box of 50
548	Dependaplast Blue Food Area	Fingertip	Box of 50
549	Dependaplast Blue Food Area	Anchor	Box of 50
546	Dependaplast Blue Food Area	Assorted	Box of 100
	Contents: 30 x 2.5cm x 7.5cm, 30 x 2cm x 7cm, 30 x 4cm x 4cm, 10 x 5cm x 7.5cm		
547	Dependaplast Blue Food Area	Assorted	Box of 20
	Contents: 4 x 2.5cm x 7.5cm, 8 x 2cm x 7cm, 8 x 4cm x 4cm		
446	Dependaplast Blue Food Area	Assorted	Box of 120
	Contents: 20 x 2.5cm x 7.5cm, 20 x 4cm x 4cm, 20 x 4cm x 2cm, 20 x 2cm x 6cm, 12 x 5cm x 7.5cm, 10 x Anchor, 10 x Fingertip, 8 x Finger extension		



### DEPENDAPLAST SUPER-STRETCH PLASTERS

Lightweight and latex free, each stretchable fabric weave plaster conforms to the body, providing cushioning and protection. Low allergy adhesive, sterile and individually wrapped.

661	Dependaplast Super-Stretch	4cm x 4cm	Box of 100
663	Dependaplast Super-Stretch	7cm x 2cm	Box of 100
664	Dependaplast Super-Stretch	7.5cm x 2.5cm	Box of 100
665	Dependaplast Super-Stretch	7.5cm x 5cm	Box of 50
668	Dependaplast Super-Stretch	Fingertip	Box of 50
669	Dependaplast Super-Stretch	Anchor	Box of 50
666	Dependaplast Super-Stretch	Assorted	Box of 100
	Contents: 30 x 2.5cm x 7.5cm, 30 x 2cm x 7cm, 30 x 4cm x 4cm, 10 x 5cm x 7.5cm		
667	Dependaplast Super-Stretch	Assorted	Box of 20
	Contents: 4 x 2.5cm x 7.5cm, 8 x 2cm x 7cm, 8 x 4cm x 4cm		





# 18 plasters & tapes.

## DEPENDAPLAST FINGER EXTENSION PLASTERS

Finger extension plasters, with twice the length for extra security. Extension plasters are 12cm long, and available in our Fabric, Multisoft, Washproof and Blue Food ranges.

555 Fabric	2cm x 12cm	Box of 50
556 Multisoft	2cm x 12cm	Box of 50
557 Washproof	2cm x 12cm	Box of 50
558 Blue Food	2cm x 12cm	Box of 50



## DEPENDAPLAST PLASTER WALLETS

Fabric, Multisoft, Washproof and Blue Food plasters are also available in handy sized wallet packs of 10 or 20 plasters – this size is perfect for first aid kits or smaller emergency first aid kits.

510 Fabric	Assorted	Pack of 10
520 Fabric	Assorted	Pack of 20
578 Multisoft	Assorted	Pack of 10
522 Multisoft	Assorted	Pack of 20
554 Washproof	Assorted	Pack of 10
553 Washproof	Assorted	Pack of 20
542 Blue Food	Assorted	Pack of 10
540 Blue Food	Assorted	Pack of 20



## MICROPOROUS RELITAPE

A multipurpose, conformable paper tape that allows air to circulate. Ideal for holding dressings and securing bandages, can be easily torn and is low allergy.

616 Microporous	1.25cm x 10m
617 Microporous	2.5cm x 10m
625 Microporous	5cm x 10m



## ZINC OXIDE RELITAPE

A non-elastic tape with high tensile strength, providing rigid support which is good for immobilising joints. Tears easily.

603 Zinc Oxide	1.25cm x 5m	White
604 Zinc Oxide	2.5cm x 5m	White
605 Zinc Oxide	5cm x 5m	White
613 Zinc Oxide	1.25cm x 10m	White
614 Zinc Oxide	2.5cm x 10m	White
608 Zinc Oxide	4cm x 10m	White
615 Zinc Oxide	5cm x 10m	White



## RELIPLAST DRESSING STRIP

Cut to length dressing strip, available from our traditional fabric, and ventilated washproof ranges.

501 Reliplast	4cm x 1m	Fabric
502 Reliplast	6cm x 1m	Fabric
503 Reliplast	7.5cm x 1m	Fabric
506 Reliplast	4cm x 1m	Washproof
507 Reliplast	6cm x 1m	Washproof
508 Reliplast	7.5cm x 1m	Washproof



## FABRIC ELASTIC RELITAPE

Secure and durable, a cushioned stretch tape.

612 Fabric Elastic	2.5cm x 4.5m	Pink
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**MICROPOROUS TAPE WITH DISPENSER**

A multipurpose, conformable paper tape that allows air to circulate. Ideal for holding dressings and securing bandages, can be easily torn and is low allergy. Boxed with dispenser.

- 640 Microporous 1.25cm x 5m
- 641 Microporous 2.5cm x 5m
- 642 Microporous 5cm x 5m



**BREATH-EASY® NASAL DILATOR**

Ideal to open nasal passages for use in sports, preventing snoring or generally assisting where nasal cavities are impaired.

- 731 Breath-Easy® Nasal Dilator Pack of 6



**HYDROCOLLOID BLISTER PACK**

Ideal pack of hydrocolloid dressings specifically shaped for use on blisters. These dressings ease areas of friction, soothe blistered or sore skin and promote rapid healing. Pack contains large and medium sized plasters.

- 730 Hydrocolloid Blister Pack Pack of 4



**WASHPROOF RELITAPE**

Durable tape for holding dressings and securing bandages. Made from waterproof PVC, cut to length. Available in pink (flesh) and blue which is suitable for all food areas. Ideal where water resistance is required.

- 610 Washproof 2.5cm x 5m Pink
- 611 Relichef 2.5cm x 5m Blue



**RELISTRIP**

Sterile, flexible reinforced wound closure strips. Fast effective wound closure with fantastic results. Stay securely in place when wet. Low allergy and easy to remove. Suitable for cuts, lacerations and surgical incisions. Packs of 50.

- 651 Relistrip 3mm x 75mm (5)
- 652 Relistrip 6mm x 75mm (3)



**RELIFIX**

Dressing retention sheet (cut to length). Self adhesive non-woven mesh will flex with body movement, conforms well around awkward areas, low allergy, acrylic adhesive.

- 620 Relifix 2.5cm x 10m
- 621 Relifix 5cm x 10m
- 622 Relifix 10cm x 10m
- 623 Relifix 15cm x 10m



### COHESIVE BANDAGE

Flexible, durable and strong, the cohesive bandage does not stick to skin or hair, only to itself, so there is no need for tapes or pins. Tearable by hand and non-slip, offering compression and support, the stretch fabric conforming to the body for comfort and security. Easily unwound for controlled application.

435 Cohesive	5cm x 4m	White
436 Cohesive	7.5cm x 4m	White
437 Cohesive	10cm x 4m	White



### RELICREPE BANDAGE

A medium/light support, superior 100% cotton, washable quality bandage with exceptional stretch. Most suited for sprains, strains and minor aches. Conforming well to the body it is soft and supple, providing excellent support.

441 Relicrepe	5cm x 4.5m
442 Relicrepe	7.5cm x 4.5m
443 Relicrepe	10cm x 4.5m
444 Relicrepe	15cm x 4.5m



### RELIFORM BANDAGE

Reliform is designed to secure dressings. It conforms to body angles and is easily secured with either safety pin or tape. Individually wrapped.

431 Reliform	5cm x 4m
432 Reliform	7.5cm x 4m
433 Reliform	10cm x 4m
434 Reliform	15cm x 4m



### PREMIER ELASTIC ADHESIVE BANDAGE

Manufactured in Europe to the highest standards, using the finest quality materials and refined adhesive to provide outstanding performance. Ideal for professionals.

679 EAB Premier	2.5cm x 4.5m	Box of 12	
680 EAB Premier	5cm x 4.5m	Box of 24	
681 EAB Premier	7.5cm x 4.5m	Box of 24	
609 Premier Sports	3.8cm x 13.7m	Box of 6	White
635 Premier Sports	3.8cm x 13.7m	Box of 6	Flesh



### RELIWOW BANDAGE

White open weave bandage, hypoallergenic and made from 100% Cotton. Traditional non-stretch bandage most suited for securing dressings.

421 Reliowow	2.5cm x 5m	Pack of 12
422 Reliowow	5cm x 5m	Pack of 12
423 Reliowow	7.5cm x 5m	Pack of 12
424 Reliowow	10cm x 5m	Pack of 12



### TRIANGULAR BANDAGES

Multi-functional bandages, ideal for splinting and creating slings. Non-woven is a single use product, calico can be washed and reused. Hemmed calico is particularly useful for First Aid training. Individually wrapped, an essential piece of first aid equipment.

411 90cm x 127cm	Single Use
412 90cm x 127cm	Single Use Sterile
413 90cm x 127cm	Calico
414 90cm x 127cm	Calico Sterile
415 90cm x 135cm	Calico Hemmed



### ELASTIC ADHESIVE BANDAGE

A firm support, elasticated bandage with adhesive, that can be applied directly to the skin or over Foam Underwrap, conforming to body and limb contours. Designed to offer short term support to weak joints, particularly ankles and knees. Easily unwound, allowing increased tension, easily cut for quick application, hence most suited for sports and occupational injuries.

450 EAB	2.5cm x 4.5m
451 EAB	5cm x 4.5m
452 EAB	7.5cm x 4.5m
453 EAB	10cm x 4.5m



### FOAM UNDERWRAP

Foam underwrap that can be applied before tape to prevent chafing and can also be used to keep football shin guards and ice packs in place. High quality manufacture means it comes off the roll smoothly and conforms to the body. The thin lightweight foam provides a barrier between the skin and the tape in order to protect the skin from friction and chafing.

455 Foam Underwrap	7cm x 27.5m
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### RELIGRIP

Supportive, comfortable elasticated tubular bandage – ideal treatment for soft tissue injuries, sports injuries, dislocations and sprains. Religrip gives even radial support and pressure for weakened joints and muscles, also aiding rehabilitation after the removal of plaster of paris casts. It remains in place without tying or tapes. Available in a wide range of sizes to suit all parts of the body.

### RELIGRIP NATURAL

461	Religrip A	4.5cm x 10m	Child feet/arms
462	Religrip B	6.25cm x 10m	Small hands/arms
463	Religrip C	6.75cm x 10m	Medium arms, small ankles
464	Religrip D	7.5cm x 10m	Large arms, medium ankles, small knees
465	Religrip E	8.75cm x 10m	Large ankles, medium knees, small thighs
466	Religrip F	10cm x 10m	Large knees, medium thighs
467	Religrip G	12cm x 10m	Large thighs
471	Religrip A	4.5cm x 1m	Child feet/arms
472	Religrip B	6.25cm x 1m	Small hands/arms
473	Religrip C	6.75cm x 1m	Medium arms, small ankles
474	Religrip D	7.5cm x 1m	Large arms, medium ankles, small knees
475	Religrip E	8.75cm x 1m	Large ankles, medium knees, small thighs
476	Religrip F	10cm x 1m	Large knees, medium thighs
477	Religrip G	12cm x 1m	Large thighs

### RELIGRIP BLUE

Religrip Blue is ideal for food handling areas.

456	Religrip Blue B	6.25cm x 10m	Small hands/arms
457	Religrip Blue C	6.75cm x 10m	Medium arms, small ankles
458	Religrip Blue D	7.5cm x 10m	Large arms, medium ankles, small knees
459	Religrip Blue E	8.75cm x 10m	Large ankles, medium knees, small thighs
460	Religrip Blue F	10cm x 10m	Large knees, medium thighs



### TUBULAR BANDAGE APPLICATORS

A full comprehensive range of applicators to complement our Religrip and Religaize ranges.

483	Applicator	Size 00 Sugar Tong	S/S
484	Applicator	Size 01 Sugar Tong	S/S
485	Applicator	Size F/A Shuttlecock	S/S
486	Applicator	Size C	S/S
487	Applicator	Size D	S/S
488	Applicator	Size E	S/S
489	Applicator	Size F	S/S
490	Applicator	Size FX	S/S
493	Applicator	Size G	S/S
494	Applicator	Size H	S/S
497	Applicator	Size J	S/S
498	Applicator	Size K	S/S
499	Applicator	Finger	Plastic



### FINGERBUDDIES

Small tubular bandage designed especially for fingers, the bandage is pre-rolled, allowing easy application on to the finger, no applicator or scissors required.

491	Fingerbuddies	White Standard	Box of 10
492	Fingerbuddies	White Large	Box of 10
495	Fingerbuddies	Blue Standard	Box of 10
496	Fingerbuddies	Blue Large	Box of 10
691	Fingerbuddies	White Standard	Box of 100
692	Fingerbuddies	White Large	Box of 100
693	Fingerbuddies	Blue Standard	Box of 100
694	Fingerbuddies	Blue Large	Box of 100



### RELIGAUZE

100% Cotton retention bandage. Religaize is a reliable bandage for securing wound dressings, particularly suitable for fingers and toes. Supplied uncut in 20m rolls.

481	1.5cm x 20m	Size 01
482	2.7cm x 20m	Size 12



**HSE LARGE AND MEDIUM DRESSINGS**

These sterile dressings with conforming stretch bandage, are ideal for almost all first aid emergencies. HSE compliant, they are perfect for refilling all HSE first aid kits. Include an attached, sterile, non-adherent pad to place over the wound and, a long conforming bandage to secure in place. Available flow-wrapped or boxed for easier visibility in first aid kits and cabinets. Individually wrapped to ensure sterility.

313	Medium	12cm x 12cm	Boxed
314	Large	18cm x 18cm	Boxed
316	Medium	12cm x 12cm	Unboxed
317	Large	18cm x 18cm	Unboxed



**AMBULANCE DRESSINGS**

Sterile, flow wrapped Ambulance Dressings have a pad with bandage designed for use on wounds by first aiders, paramedics and the emergency services. Ambulance Dressings have a thicker, more absorbent pad which can be used on deep wound injuries.

331	No. 1	12cm x 10cm
332	No. 2	20cm x 15cm
333	No. 3	28cm x 20cm
334	No. 4	32cm x 20cm



**COMPRESSED DRESSINGS**

Originally designed for use in mines, compressed dressings are ideal for use where space is limited, a cotton dressing is secured by a cotton bandage.

303	Compressed Dressing	No.13
304	Compressed Dressing	No.14
305	Compressed Dressing	No.15



**STERILE DRESSINGS**

Sterile wound dressings. Ensures wounds are protected from infection, unmedicated absorbent pad.

311	Medium Dressing	No.8
312	Large Dressing	No.9
315	Extra Large Dressing	No.3



**STERILE EYE PAD DRESSINGS**

Thick, comfortable sterile eye pad dressings, attached to continuous stretch bandage. The dressing pad has a low adherent contact layer, designed not to stick. Suitable for replacement in all HSE first aid kits.

321	Eye Pad Dressing with Bandage
322	Eye Pad Dressing with Elasticated Loop
323	Eye Pad Dressing No.16 Boxed



**STERILE FINGER DRESSINGS**

Low adherent dressing pad secured with stretch bandage and adhesive strip.

310	Finger Dressing	3.5cm
363	Finger Dressing	No.7
364	Finger Dressing Large	5cm



**RELIGAUZE ABSORBANT COTTON GAUZE**

Traditional 100% cotton gauze for general cleaning and absorption behind a wound contact layer.

376	Religauze	90cm x 1m	Boxed
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**RELILINT - ABSORBANT COTTON LINT**

Absorbent cotton lint BP. For direct application to wounds, especially useful when applying medications such as antiseptic creams and lotions.

354	Relilint 15g	Boxed
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**TRAINING DRESSING**

Robust non-sterile training dressing, which can be applied numerous times during training sessions.

309	Medium Training Dressing
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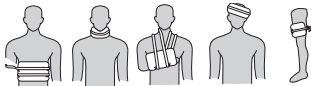


**MAXIFLEX EXTRA LARGE DRESSING**

Extra large dressing with multiple uses. Super absorbent, made from stretch bandage material with a dressing pad. For use when more than standard HSE dressing is required. Maxiflex dressings are suitable for all major injuries, all first aiders, emergency services and emergency service personnel should have this dressing.

**339 Maxiflex 30cm x 45cm**

Suggested uses:



**RELISWAB - GAUZE SWABS**

100% Cotton gauze swabs. BP.

The gauze pad cushions and protects the wound, preventing dryness in an open wound. Do not place the gauze pad directly onto a wound as they may stick, however they do allow blood and fluids to pass through and be absorbed.

Reliswab can also be used to clean wound sites. 8 ply.

<b>371</b>	<b>5cm x 5cm</b>	<b>8 ply</b>	<b>Pack of 100</b>
<b>372</b>	<b>7.5cm x 7.5cm</b>	<b>8 ply</b>	<b>Pack of 100</b>
<b>373</b>	<b>10cm x 10cm</b>	<b>8 ply</b>	<b>Pack of 100</b>
<b>375</b>	<b>7.5cm x 7.5cm</b>	<b>8 ply</b>	<b>Pack of 5 Sterile</b>
<b>X8506</b>	<b>10cm x 10cm</b>	<b>16ply</b>	<b>Pack of 100</b>

**NON WOVEN SWABS**

Non woven gauze swabs.

<b>X8500</b>	<b>5cm x 5cm</b>	<b>4 ply</b>	<b>Pack of 5 Sterile</b>
<b>X8501</b>	<b>7.5cm x 7.5cm</b>	<b>4 ply</b>	<b>Pack of 5 Sterile</b>
<b>X8502</b>	<b>10cm x 10cm</b>	<b>4 ply</b>	<b>Pack of 5 Sterile</b>
<b>X8507</b>	<b>7.5cm x 7.5cm</b>	<b>6 ply</b>	<b>Pack of 100</b>
<b>X8508</b>	<b>10cm x 10cm</b>	<b>6 ply</b>	<b>Pack of 100</b>



**RELIPAD - NON ADHERENT DRESSING PADS**

Sterile, low-adherent dressing pads. Can be used on both sides, preventing incorrect application. The dressing is low-adherent with high absorbency, effectively draws exudate away from the wound. For use on abrasions, lacerations and moderately exuding wounds. Soft, comfortable and conformable, secure with tape or a conforming bandage.

<b>381</b>	<b>Relipad</b>	<b>5cm x 5cm</b>	<b>Box of 100</b>
<b>382</b>	<b>Relipad</b>	<b>7.5cm x 7.5cm</b>	<b>Box of 100</b>
<b>383</b>	<b>Relipad</b>	<b>10cm x 10cm</b>	<b>Box of 100</b>



**COTTON WOOL**

For dressings and woundcare. BP.

<b>350</b>	<b>Cotton Wool</b>	<b>15g</b>	<b>Sterile</b>
<b>351</b>	<b>Cotton Wool</b>	<b>25g</b>	
<b>352</b>	<b>Cotton Wool</b>	<b>100g</b>	
<b>353</b>	<b>Cotton Wool</b>	<b>500g</b>	
<b>355</b>	<b>Cotton Wool Balls</b>	<b>500 small</b>	
<b>356</b>	<b>Cotton Wool Balls</b>	<b>250 large</b>	
<b>360</b>	<b>Cotton Wool Balls</b>	<b>5 large</b>	<b>Sterile</b>
<b>361</b>	<b>Cotton Tipped Applicators</b>	<b>7.5cm</b>	<b>Box of 100</b>



**RELIPORE - ADHESIVE DRESSING PADS**

Sterile, low allergy adhesive dressing, with highly absorbent central pad which has Relipad low-adherence technology. Flexible, breathable stretch fabric that conforms to the body, easy to remove, but remains securely in place once applied. Individually wrapped. Suitable for weeping or surgical wounds, cuts and lacerations.

<b>600</b>	<b>Relipore</b>	<b>5cm x 7.5cm</b>	<b>Box of 50</b>
<b>601</b>	<b>Relipore</b>	<b>7.5cm x 7.5cm</b>	<b>Box of 50</b>
<b>602</b>	<b>Relipore</b>	<b>7.5cm x 10cm</b>	<b>Box of 50</b>





## 24 burns dressings.

### RELIBURN

Emergency first aid burn dressing, relieves pain, cools & comforts, helps prevent contamination and is non-adherent, safe for use on all types of burns.

- 391 Reliburn Gel Sachet 3.5g
- 393 Reliburn 5cm x 15cm
- 394 Reliburn 10cm x 10cm
- 395 Reliburn 20cm x 20cm
- 396 Reliburn Face Mask
- 399 Reliburn 125ml
- 400 Reliburn 10cm x 40cm
- 401 Reliburn 20cm x 45cm
- 402 Reliburn 40cm x 60cm



Also available:

#### MINI BURNS FIRST AID KIT IN VINYL POUCH

Handy sized pouch, suitable for keeping in the office or car for personal use. 16cmH x 18cmW.

- 6 Reliburn Blot Sachet 3.5g
- 1 Reliburn Dressing 10cm x 10cm
- 1 Reliburn Dressing 5cm x 15cm
- 1 Reliform Conforming Bandage 7.5cm x 4m
- 1 Gloves (pair)
- 141 Mini Burns First Aid Kit in Vinyl Wallet Pouch

### BURNS FIRST AID KITS

Emergency burns kit meeting the guidelines given by the Health & Safety Executive. Highly visible red Aura box in durable polypropylene, orange safety clips and integrated handle. The kit provides fast and effective treatment for burns, scalds and sunburn in the workplace or home. 27.5cmH x 29cmW x 10cmD.

#### CONTENTS

- 1 Reliburn Dressing 20cm x 20cm
- 2 Reliburn Dressing 10cm x 10cm
- 8 Reliburn Blot Sachet 3.5g
- 1 Reliburn Dressing 5cm x 15cm
- 1 Reliburn Gel Bottle 125ml
- 1 Reliform Conforming Bandage 10cm x 4m
- 1 Reliform Conforming Bandage 7.5cm x 4m
- 1 Large Universal Shears
- 1 Gloves (pair)

#### 124 Burns First Aid Kit in Standard Red Aura Box

\*Bracket included with all Aura kits (available from March 2010).



### BURNS KIT

Burns kit containing the revolutionary Religel burns dressings. This unit is ideal for kitchens or other areas where burns present a hazard. 19cmH x 12cmW x 8cmD.

#### CONTENTS

- 8 Reliburn Gel Sachet 3.5g
- 2 Reliburn Dressing 5cm x 15cm
- 2 Reliburn Dressing 10cm x 10cm
- 1 Reliburn Dressing 20cm x 20cm
- 1 Reliburn Gel Bottle 125ml
- 3 Conforming Bandage 7.5cm x 4m
- 1 Large Universal Shears
- 1 Gloves (pair)
- 1 Stockholm Bag

#### 142 Burns First Aid Kit in Red Stockholm Bag



## eye care.

### PREMIER EYEWASH STATION

Robust Premier Eye Wash Station.

Robust dual purpose HSE compliant eye wash station. Wipe clean hardwearing ABS Plastic with illuminated printed instructions - useful if a power cut happens so the station can be located. Dust proof heavy duty cover keeps contents clean. Central Mirror for easy application. 36cmH x 51cmW x 10cmD.

#### CONTENTS

- 2 Saline Eyewash 500ml
- 2 Eyepad Dressings
- 5 Pods 20ml
- 1 Mirror

#### 919 Premier Eyewash Station

#### 918 Premier Eyewash Station Empty



### EYEWASH STATION

High visibility eyewash station holds two 500ml sterile saline solution eyewash bottles, two eyepad dressings and a mirror for easy application. 41cmH x 28cmW x 9cmD.

#### CONTENTS

- 2 Saline Eyewash 500ml
- 2 Eyepad Dressing
- 1 Wall Panel with Mirror

#### 906 Eyewash Station

#### 230 Eyewash Station Empty







#### RELIWASH DOUBLE EYEWASH FIRST AID KIT

The double eyewash station is in a stylish clear Aura box in durable polypropylene, black safety clips and integrated handle, can be wall mounted. Fast and effective treatment for minor eye injuries in the workplace or home, meeting the guidelines given by the Health & Safety Executive.

27.5cmH x 27cmW x 9.5cmD.

##### CONTENTS

- 2 Saline Eyewash 500ml
- 2 Eyepad Dressing
- 1 L Shaped Bracket

904 Double Eyewash Station in Standard White Aura Box



#### RELIWASH TRIPLE EYEWASH FIRST AID KIT

The triple eyewash station is in a stylish clear Aura box in durable polypropylene, black safety clips and integrated handle, can be wall mounted. Providing fast and effective treatment for minor eye injuries in the workplace or home, meeting the guidelines given by the Health & Safety Executive.

27.5cmH x 27cmW x 9.5cmD.

##### CONTENTS

- 3 Saline Eyewash 500ml
- 3 Eyepad Dressing
- 1 L Shaped Bracket

903 Triple Eyewash Station in Standard White Aura Box



#### RELIWASH SALINE EYEWASH

Sodium Chloride 0.9%w/v Ph.Eur. Available in 500ml and 250ml bottle, suitable for boxed first aid kits, 20ml eye pods suitable for boxed first aid kits and smaller emergency packs. Vinyl pouch complete with waist strap.

- 900 Reliwash 500ml
- 4770 Metal Bracket for 500ml
- 905 Reliwash 250ml
- 901 Reliwash 20ml x 25
- 280 Vinyl Belt Pouch for Reliwash 250ml



#### RELIWASH DOMED EYEWASH STATION

A simple eyewash station holding two bottles vertically. The dome lid has a dual use, in addition to acting as a dust cover, the lid can be used as a receptacle for eye wash fluid, held under the chin to prevent clothes from becoming wet.

- 228 Single Domed Eyewash Station Complete
- 224 Single Domed Eyewash Station Empty
- 210 Double Domed Eyewash Station Complete
- 240 Double Domed Eyewash Station Empty



#### RELIWASH DOUBLE EYEWASH FIRST AID KIT

The double eyewash station is small and versatile in a traditional economic green box with translucent door for easy stock checking, can be wall mounted. Providing fast and effective treatment for minor eye injuries in the workplace or home, meeting the guidelines given by the Health & Safety Executive. 27.5cmH x 26.5cmW x 8.5cmD.

##### CONTENTS

- 2 Saline eyewash 500ml
- 2 Eyepad dressing
- 902 Double Eyewash Station Complete
- 222 Double Eyewash Station Empty



#### RECLENS - ISOTONICALLY BALANCED EYE CLEANSER

Reclens acts like a magnet to contaminant's such as acids and alkalis. Therapeutic eye wash for minor cleansing and irrigation of the eyes. It is isotonicly balanced with the eye making it a close to tears buffered sterile solution.

898 Reclens 15ml x 10 pods





## TERUMO NEEDLES

Comprehensive range of needles.

8430	19g x 1"	Box of 100
8701	19g x 1.5"	Box of 100
7997	20g x 1"	Box of 100
8431	21g x 5/8"	Box of 100
8432	21g x 1"	Box of 100
8001	21g x 1.5"	Box of 100
8011	23g x 1"	Box of 100
8002	25g x 5/8"	Box of 100



8430                      8701                      7997



8431                      8432                      8001



8011                      8002

## TERUMO SYRINGES

Comprehensive range of syringes.

8304	1ml	Box of 100
8301	2ml	Box of 100
8302	5ml	Box of 100
8303	10ml	Box of 100
8305	20ml	Box of 50
8308	50ml	Box of 25



8304                      8301                      8302



8303                      8305                      8308

## SHARPS CONTAINERS

A range of containers with a variety of functions, aiding the disposal of sharps. Some models have a peel-off plate making it possible to pull off or twist off all common cannulas, blood taking systems and insulin pens safely, with most models containing a day lid which can be opened and closed daily, all have final closure, that prevents the box from being opened and is ready for disposal.

4604	Sharps Container	0.2ltr
4601	Sharps Container	0.6ltr
4608	Sharps Container	1ltr
4605	Sharps Container	2ltr
4602	Sharps Container	4ltr
4603	Sharps Container	7ltr
4609	Sharps Container	13ltr
4606	Sharps Container	24ltr
4623	Sharps Container	100ml





**CANNULA IV**

A thorough Cannula IV range (without injection port).

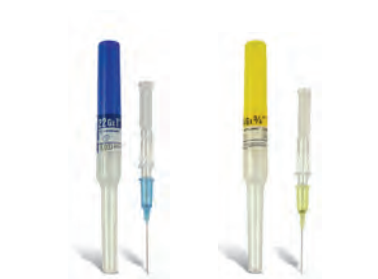
- 8400 14g x 64mm Box of 50
- 8401 16g x 51mm Box of 50
- 8402 18g x 32mm Box of 50
- 8403 18g x 51mm Box of 50
- 8404 20g x 32mm Box of 50
- 8405 20g x 51mm Box of 50
- 8406 22g x 25mm Box of 50
- 8407 24g x 19mm Box of 50



8400                      8401                      8402



8403                      8404                      8405



8406                      8407

**FORCEPS**

- 805 Artery Forceps                      Straight 6"
- 806 Artery Forceps                      Curved 6"
- 807 Mosquito Forceps                      5"
- 820 Plastic Forceps                      Non Sterile
- 821 Plastic Forceps                      Sterile
- 822 Martins Splinter Forceps                      Stainless Steel 4.5"
- 823 Dressing Splinter Forceps                      Stainless Steel 4.5"
- 824 Dressing Forceps                      Nickel Plated 7.5cm
- 832 Magnifier Forceps                      -
- 834 Pointed Splinter Forceps                      Stainless Steel 4.5"



805                      806                      807



820                      821                      822



823                      824                      832                      834

**SCISSORS**

A comprehensive range of scissors.

- 809 First Aid Scissors                      b/b Green Handles
- 811 Nurses Scissors                      s/s Stainless Steel 5"
- 812 Nurses Scissors                      s/s Stainless Steel 5"
- 815 Nurses Scissors                      b/b Stainless Steel 5"
- 816 Bandage Scissors                      5.5"
- 817 Round Ended Scissors                      Nickel Plated
- 847 Umbilical Cord Scissors                      -
- 849 Nurses Scissors                      s/s Stainless Steel 6"
- 890 Iris Scissors                      Straight 4.5"
- 891 Iris Scissors                      Curved 4.5"
- 892 Economy Scissors                      -
- 813 Universal Shears                      Small
- 814 Universal Shears                      Large



809                      811



812                      815                      816



817                      847                      849                      890



891                      892                      813                      814



### DIGITAL THERMOMETER

Compact mercury free thermometer with celsius calibration, fully automatic, self timing with results displayed in the LCD display. Oral or underarm measurement.

841 Digital Thermometer



### TYMPANIC THERMOMETER

Measures the infra red radiation of the tympanic membrane of the ear, accurate reading within a few seconds.

842 Tympanic Thermometer

843 ThermoScan Probe Covers **Box of 20**



### PEN TORCH

Handy sized, pocket torch useful for first aid kits, office, home or travel.

830 Pen Torch Disposable

833 Pen Torch Reusable



### WALL THERMOMETERS

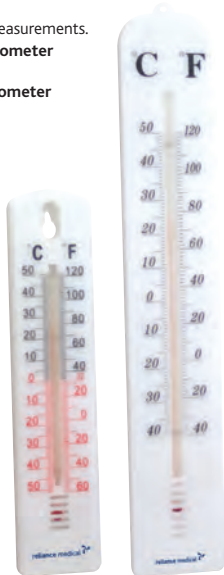
Easy to use, with clear measurements.

885 Small Wall Thermometer

19.5cmH

886 Large Wall Thermometer

39.5cmH



### FINGER STALLS

Protection for wounded fingers, keeping the dressings clean and dry. Plastic cap covers the finger, with elasticated loop to hold it in place.

771 Finger stall **Medium Clear** **Pack 10**

772 Finger stall **Large Clear** **Pack 10**

773 Finger stall **Extra Large Clear** **Pack 10**

774 Finger stall **Assorted Sizes Clear** **Pack 10**

776 Finger stall **Medium Blue** **Pack 10**

777 Finger stall **Large Blue** **Pack 10**

778 Finger stall **Extra Large Blue** **Pack 10**

779 Finger stall **Assorted Sizes Blue** **Pack 10**

781 Thumb stall **One-size Clear** **Pack 10**

786 Thumb stall **One Size Blue** **Pack 10**



### TONGUE DEPRESSORS

Flat wooden spatula with smooth, safely rounded ends.

831 Wooden Tongue Depressors **Box of 100**



### CERVICAL COLLAR

Foam with 100% cotton stockinette in white. Provides the appropriate degree of stabilisation. Measure circumference of neck for size.

3500 Cervical Collar **46cm Small**

3501 Cervical Collar **49cm Medium**

3502 Cervical Collar **55cm Large**





**DIGITAL BLOOD PRESSURE MONITOR**

Accurate and easy to read, this digital blood pressure monitor is ideal for surgery or home use. One touch operation, automatic shut-off and fuzzy logic.

**766 Digital Blood Pressure Monitor**



**DIGITAL WRIST BLOOD PRESSURE MONITOR**

Compact and easy to use, ideal for sports use. Accurate semiconductor sensor with low noise air pump. Integrated wrist cuff.

**765 Digital Wrist Blood Pressure Monitor**



**FIRST AIDER BADGE**

Enamelled metal badge with locking pin.

2.5cm x 2.5cm



**FIRST AID EMERGENCY HANDBOOK**

This book provides a quick summary of first aid for a range of every day emergencies, whether at work, in sport or recreation or at home. Resuscitation for an adult, child and baby is dealt with separately and you can access this information by pulling out the tabs at the front of the book. It can be kept in a visible and accessible place using the magnetic strip. At work it could be placed on a metal filing cabinet or cupboard; at home on the refrigerator. The book is of greatest value when combined with first aid training from an approved organisation.

**997 First Aid Emergency Handbook**



**FIRST AID MANUAL**

The latest edition of this best-selling manual, published in association with the UK's three leading first-aid providers. Brand new live-action step-by-step photographs show you how to treat casualties and over 100 medical conditions and injuries, from minor burns to heart attacks. Find information on the latest life-saving procedures and resuscitation guidelines as well as basic first aid techniques, like bandaging and applying dressings. Plus, new chapters explain what it's like being a first aider, what to do in an emergency situation and how to look after a casualty.

**998 First Aid Manual 9th Edition**



**ACCIDENT BOOK**

You must keep a record of injuries that happen to employees. Within the publication is advice on how the accident book should be used and an introduction to reporting of injuries, diseases and Dangerous Occurrences Regulations 1995. To ensure you comply with the Data Protection Act 1988, this book has been produced with the tear off report forms, allowing details of that person to be kept filed in a safe and secure place.

**999 Accident Book**



**GUIDANCE LEAFLET**

Essential guidance leaflet covering basic advice on CPR, severe bleeding, broken bones, burns and eye injuries, a mandatory item for every first aid kit.

**001 Guidance Leaflet**



# 30 hot & cold treatments & blankets.

## RELIEF HOT/COLD PACK

Reusable hot/cold therapy pack to help soothe muscular discomfort and help to reduce swelling and bruising. The hot pack will assist in increasing circulation, with temporary relief to muscle aches, back pain, sinusitis or menstrual cramps. The cold pack will assist in temporarily reducing swelling, toothache, headache and fever. Microwave for approximately 30 seconds or immerse in boiling water for 4 - 10 minutes OR store in the freezer, gel takes approximately 1 hour to freeze. Cover available.

- 711 Relief Reusable Pack
- 712 Relief Reusable Cover



## CELLULAR BLANKET

A generous sized blanket with a solid hemmed edge at each end to help prevent fraying. The blankets are light and trap air in the cellular design to help keep a patient warm. Used to cover patients, to elevate limbs or to use as a pillow. Natural fibres prevent irritation.

- 762 Red Cellular Blanket 200cm x 150cm



## RELIEF INSTANT ICE PACK

Easy to use, disposable ice pack for the treatment of sprains and abrasions in first aid. On the spot immediate ice therapy, twist the pack and apply to bruising, sports sprains and muscle injuries.

- 710 Relief Instant Ice 100g
- 713 Relief Plus Instant Ice 150g
- 702 Relief Instant Ice Paper Pack
- 712 Relief Reusable Cover



## BOXED FOIL BLANKETS

Containing 100 blankets, this product is perfect for evacuations or sporting events.

- 185 Survival Blanket Kit in Hard Case



## EMERGENCY BLANKETS

A disposable, ultra-insulating emergency blanket. Both sides have a heat-reflective metallic surface that will retain over 90% of body heat. As well as retaining most radiated body heat, it will also protect against wind and rain. Ideal for treating or preventing hypothermia.

- 760 Adult Foil Blanket 130cm x 210cm
- 761 Child Foil Blanket 120cm x 180cm





**REBREATH POCKET MASK**

This mask is primarily designed for mouth-to-mouth ventilation of a non-breathing adult or child. The attached valve ensures that breath can be given with control and more accuracy. Mask is supplied in a durable blue clamshell case.

852 Rebreath Pocket Mask

853 Replacement Valve for Pocket Mask



**REBREATH ONE-WAY VALVE**

A transparent plastic film containing a one way valve allows expired air ventilation for a safer and more effective method of resuscitation. The film acts as a barrier to help prevent infection during mouth-to-mouth resuscitation.

850 Rebreath with One Way Valve



**REBREATH ONE-WAY VALVE IN KEYSRING POUCH**

Each keyring contains one Rebreath with One-way Valve. Ideal for carrying every day, inclusion in first aid kits or for training.

854 Keyring Pouch with Rebreath One-way Valve



**GUEDAL AIRWAYS**

Designed for free air flow, by protecting from airway occlusion from the relaxation of the tongue in an unconscious patient. The top colour coded section is thickened for protection from biting, ideal for seizure patients and unprotected airways. Guedal airways are designed for use by adequately trained professionals.

- 861 Guedal Airway 00
- 862 Guedal Airway 0
- 863 Guedal Airway 1
- 864 Guedal Airway 2
- 865 Guedal Airway 3
- 866 Guedal Airway 4
- 867 Guedal Airway 5
- 868 Guedal Airway 6



**REBREATH FILTER PAPER**

A transparent plastic film, printed with an illustration of a face on the front to indicate where this should be placed on the patient. This mask is primarily designed for mouth-to-mouth ventilation of a non-breathing adult. In the centre of the plastic film is a filter for protected mouth-to-mouth contact.

851 Rebreath with Filter Paper





**RELIWIPE - CLEANSING WIPES**

Individually wrapped alcohol-free disposable wipes. Impregnated with aqueous cleansing solution. Safe and easy to use, our wipes are made from a soft fabric material rather than crepe or paper, making them much gentler on the skin.

- 740 Reliwipe Box of 10
- 741 Reliwipe Box of 100



**RELIJECT - PRE-INJECTION WIPES**

Individually wrapped skin preparation disposable swabs. Isopropyl Alcohol 70%.

- 742 Reliject Box of 100



**MASTERCHEF BLUE CLEANSING WIPES**

Individually wrapped alcohol-free disposable wipes. Impregnated with aqueous cleansing solution. Safe and easy to use, our wipes are made from a soft fabric material rather than crepe or paper, making them much gentler on the skin. Blue for high visibility, especially important in catering environments.

- 714 Masterchef Wipe Box of 100



**RELIWIPE**

Non-woven fabric, moist wipes impregnated with a cleaning and purifying solution. The hard surface wipes are designed to clean and disinfect hard surfaces of medical equipment, the skin cleansing wipes are excellent for cleaning hands or skin.

- 750 Skin Cleansing Wipes Tub of 100
- 751 Hard Surface Wipes Tub of 100



**AZOWIPES**

Hard Surface Disinfectant Wipes  
Fast Bactericidal action against, MRSA, E Coli and a wide range of micro organisms.

- 1024 Azowipe 200 wipes
- 1023 Azowipe 100 wipes







Essential for any first aid situation. Beaded cuff, ambidextrous gloves with high tensile strength and optimum sensitivity. Non-sterile. Available as powdered and powder-free. Choose powdered for easy on and off application and to avoid hands sweating whilst gloves are in use. In accordance with EN455 (1/2). AQL 1.5.

### VINYL GLOVES

#### NATURAL

012	Vinyl Powdered	Small	Box of 100
013	Vinyl Powdered	Medium	Box of 100
014	Vinyl Powdered	Large	Box of 100
021	Vinyl Powder-free	Petite	Box of 100
022	Vinyl Powder-free	Small	Box of 100
023	Vinyl Powder-free	Medium	Box of 100
024	Vinyl Powder-free	Large	Box of 100
025	Vinyl Powder-free	Extra Large	Box of 100
BLUE			
030	Vinyl Powdered	Small	Box of 100
031	Vinyl Powdered	Medium	Box of 100
035	Vinyl Powdered	Large	Box of 100
036	Vinyl Powdered	Extra Large	Box of 100

### LATEX GLOVES

032	Latex Powdered	Small	Box of 100
033	Latex Powdered	Medium	Box of 100
034	Latex Powdered	Large	Box of 100
041	Latex Powder-free	Petite	Box of 100
042	Latex Powder-free	Small	Box of 100
043	Latex Powder-free	Medium	Box of 100
044	Latex Powder-free	Large	Box of 100
045	Latex Powder-free	Extra Large	Box of 95

### NITRILE GLOVES

051	Nitrile Powder-free	Petite	Box of 100
052	Nitrile Powder-free	Small	Box of 100
053	Nitrile Powder-free	Medium	Box of 100
054	Nitrile Powder-free	Large	Box of 100
055	Nitrile Powder-free	Extra Large	Box of 95

### SOFT SYNTHETIC GLOVES

Soft Synthetic gloves are produced accelerator-free. Latex-free.

061	Soft Synthetic Powder-free	Small	Box of 100
062	Soft Synthetic Powder-free	Medium	Box of 100
063	Soft Synthetic Powder-free	Large	Box of 100

### SINGLE GLOVES

Available as powder-free only.

029	Vinyl Powder-free	Medium	Single Pair
049	Latex Powder-free	Medium	Single Pair
059	Nitrile Powder-free	Medium	Single Pair

### POLYTHENE GLOVES

060	Polythene Gloves	Medium	Pack of 100
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**PANDEMIC FIRST AID KIT**

Epidemic preparation and control. Prepare to protect your workforce from epidemics - such as bird and swine flu.

**CONTENTS**

- 1 Digital Thermometer
- 1 Hand Disinfectant Gel
- 2 Disinfectant Wipes
- 1 Gloves (pair)
- 2 Protective Mask
- 1 Biohazard Bag
- 1 Handy Pack Tissues

**469 Pandemic Kit**



**FACEMASKS**

Facemask conforming to EN149:2001.

- 357 Non-woven with loops**      **Box of 50**
- 881 FFP3 Facemask**              **Box of 10**
- 882 FFP2 Facemask**              **Box of 20**



**RELISAN ALCOHOL HAND SANITISER**

For the rapid disinfection of hands, effective against MRSA. Leaves the skin feeling soft and soothed. Contains 70% denatured ethanol with emollient.

Conforms to EN1500 & EN1276.

- 887 Relisan 50ml**
- 888 Relisan 500ml**



**APRONS**

Disposable polythene aprons, with halter neck and waist ties. Material is resistant to fluid and bacteria penetration.

- 090 Aprons**      **White**      **Pack of 100**
- 095 Aprons**      **White**      **Individually wrapped**



**BODY BAGS**

Individually wrapped. Made from EVA material.

- 800 Adult Body Bag**      **White**
- 801 Paediatric Body Bag**      **White**



**CLINICAL WASTE SACKS**

Biohazard bags for the removal and safe disposal of harmful and clinical waste. Bags are disposable to minimise the risk of infection.

- 4620 42cm x 66cm**      -      **Pack of 100**
- 4622 20cm x 30cm**      **Self Seal**      **Pack of 50**





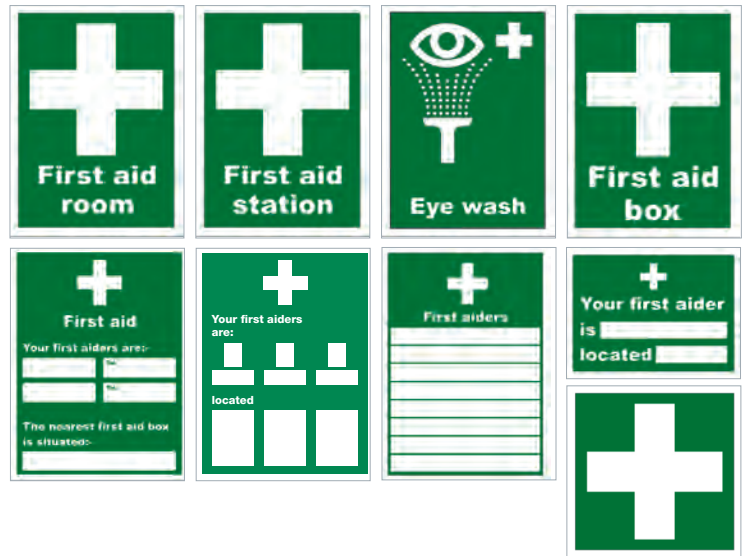
All safe condition safety signs shown are guaranteed to comply with BS 5499-1, BS 5499-5 and The Health & Safety (Safety Signs & Signals) Regulations 1996. Additional signs available on request.

**NB:** Vinyl = Self adhesive vinyl, Rigid = 1mm rigid plastic

**SAFE CONDITION SAFETY SIGNS**

- To show the way to medical assistance
- To show the way to an area of safety
- To indicate that a course of action is safe to take.

4720	White Cross - First Aid Room	Rigid	400 x 300mm
4721	White Cross - First Aid Room	Vinyl	400 x 300mm
4722	White Cross - First Aid Station	Rigid	400 x 300mm
4723	Eye Wash & White Cross	Rigid	200 x 150mm
4724	Eye Wash & White Cross	Vinyl	200 x 150mm
4729	White Cross And First Aid Box	Vinyl	67 x 50mm
4735	Your First Aiders Are & Nearest First Aid Box	Rigid	400 x 300mm
4736	Your First Aiders Are & Nearest First Aid Box	Vinyl	400 x 300mm
4737	Your First Aiders Are - Located	Rigid	400 x 300mm
4738	Your First Aiders Are - Located	Vinyl	400 x 300mm
4740	List Of First Aiders	Vinyl	355 x 255mm
4741	List Of First Aiders	Rigid	355 x 255mm
4843	Your First Aider Is Located	Rigid	150 x 200mm
4844	Your First Aider Is Located	Vinyl	150 x 200mm
4895	White Cross	Rigid	150 x 150mm
4896	White Cross	Vinyl	150 x 150mm



**PROHIBITION SAFETY SIGNS**

- To convey prohibited actions
- To reduce the risk of fire
- To prevent personal injury.

4758	No Smoking	Vinyl	200 x 150mm
4759	No Smoking	Rigid	200 x 150mm
4760	No Smoking (picture only)	Vinyl	100 x 100mm
4761	No Smoking (picture only)	Rigid	100 x 100mm
4762	No Smoking In This Building	Rigid	400 x 300mm
4763	No Smoking In This Building	Vinyl	400 x 300mm
4766	No Admittance	Rigid	200 x 150mm
4767	No Admittance	Vinyl	200 x 150mm
4897	Do Not Use Mobile Phones	Rigid	200 x 150mm
4898	Do Not Use Mobile Phones	Vinyl	200 x 150mm



**MANDATORY SIGNS**

- To convey actions that must be carried out.

4826	Now Wash Your Hands Please	Rigid	200 x 150mm
4827	Now Wash Your Hands Please	Vinyl	200 x 150mm
4836	Eye Protection Must Be Worn In This Area	Rigid	400 x 300mm
4837	Eye Protection Must Be Worn In This Area	Vinyl	400 x 300mm



**HEALTH AND SAFETY LAW POSTER**

8888 HSE Health & Safety Poster

